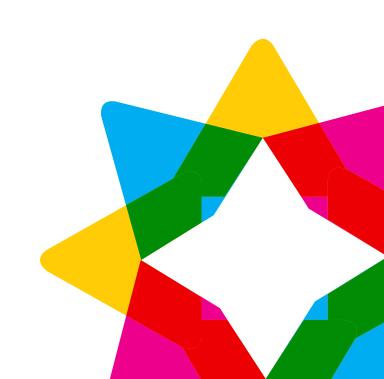


# Empathy for a kinder world

Workshop Goodie bag

Imagination Club Brussels 28th April 2021

www.happytivity.com www.happytivity.party





## Inspiring videos

### My journey to thank all the people responsible for my morning coffee

Video lenght 15:20 minutes

A.J. Jacobs TED Ideas worth spreading Watch me

#### Want to help somebody? Shut up and listen

Video lenght 16:53 minutes

Ernesto Sirolli TED Ideas worth spreading Watch me

#### L'art de l'interview

Video lenght 20:39 minutes

Marc Pachter TED Ideas worth spreading Watch me

#### 10 ways to have a better conversation

Video lenght 11:21 minutes

Celeste Headlee TED Ideas worth spreading Watch me



### The 7 habits to develop my empathy

- I adapt my rhythm to that of others
- I train my gratitude
- I collaborate with others' causes
- I train my optimism
- 🚺 l eliminate my prejudices
- I do not blame others
- I remember: Nobody is the belly-bottom of the world



# A coffee or a candy?

Let's talk about empathy and creativity during a 30 minutes virtual break.

Book it

